

## InterActive Notebook: The Reflection

Toward the end of each unit, you will be called upon to reflect upon your work. This writing sample is completed in your notebook, although may be typed and glued into the notebook. While there is no required length, high quality reflection uses 1-2 pages of the notebook. The goal is for you to review what we have done over the unit and to put it into the context of the AP framework. This a great study strategy as well – please do not put this off until the night before the exam. Taking time to review learning objectives and essential knowledge statements throughout the unit will make your reflection MUCH easier!

1. Select and explain 2 of the essential knowledge statements from the unit. Describe one assignment, lab or activity and how it helped you to learn the concept.
2. What specific big ideas did we cover in this unit (remember there are four big ideas)? Explain – be sure to explicitly state how you are making connections between these 4 big ideas.
3. Briefly describe Which activities or study skills have you employed to help you learn these topics? List specific areas in which you feel you need to improve or need help improving.
4. Pick one topic or idea that was confusing to you. Using your notes and your book/reading guide explain the topic in depth. You can use diagrams to help. Highlight 3 questions you still have about the topic.
5. List 3 goals for helping you learn or be more successful in the next unit  
Or  
Review your goals from the last unit – were you able to implement them? Use this to revise goals for this unit

